

Senior Activities + *Rec'n Roll* STARTING ON PAGE 17



# DES MOINES

SUMMER 2019

CITY CURRENTS

**Camp KHAOS**

SEE PAGE 22

**Summer  
Community  
Events**

SEE PAGE 31

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Seattle Children's  
HOSPITAL • RESEARCH • FOUNDATION

Neonatology Program

# Starting on Page 17

## Your Guide to Des Moines Parks, Recreation & Senior Services

Check out the **SUMMER** schedule.

- Adult & Senior Activities—Page 17
- Summer Camp KHAOS—Page 22
- Youth Camps—Page 24–25
- Summer Community Events—Page 31



# Rec'n Roll



# 2019 Summer

## What's Inside

Council Highlights	4
From the Mayor	5
Clean Up After Your Pet	6
Ballpark Banner Sponsorship	6
Des Moines Directory	6
Goodbye, Jan	8
Summer Roadwork	9
National Night Out 2019	10
Active Shooter Meeting	10
Block Watch 101	10
Street Banner Sponsorship	11
Staff Comings & Goings	11
Route 635 – A Fun Ride	12
Coffee with a Cop	13
Memorial Bench Donation	13
Storm Drain Marker Volunteer	14
Women's Self Defense Class	15
Business Watch	15

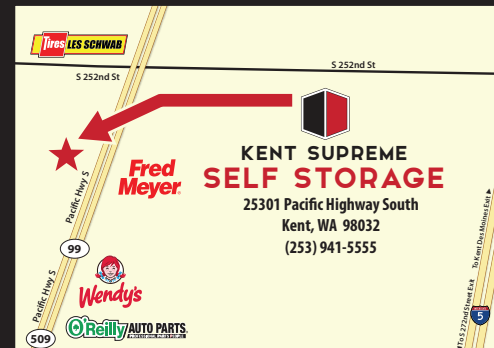
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# Council Highlights

## DES MOINES CITY COUNCIL



**Matt Pina**  
Mayor



**Vic Pennington**  
Deputy Mayor



**Robert K Back**  
Councilmember



**Luisa Bangs**  
Councilmember



**Matt Mahoney**  
Councilmember



**Traci Buxton**  
Councilmember



**Jeremy Nutting**  
Councilmember

**City Council meets  
1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>  
Thursdays  
at 7pm**

### CITY COUNCIL HIGHLIGHTS FROM NOVEMBER–JANUARY Ordinance 1713–1714 Resolution 1394–1396

#### Held Public Hearings:

- Shoreline Master Program Periodic Review and Amendment

#### Approved the Following Action:

- Interlocal Agreement with Normandy Park for Senior Services 2019–2020
- Authorizing Investment of City of Des Moines Monies in the Local Government Investment Pool (LGIP), Superseding Resolution No. 1282, Resolution No. 1394
- Small Cell Facilities Franchise Agreement with Verizon Wireless, Ordinance No. 1713
- Interim Zoning Regulations, Ordinance No. 1714
- Memorandum of Understanding with Port of Seattle Identifying Police Services Responsibilities

- Interagency Agreement with Highline College for the Small Business Development Center
- Interlocal Agreement between the Cities of SeaTac, Des Moines, Covington and Tukwila for Planning, Funding and Implementation of a Joint Minor Home Repair Program

- Consultant Services Contract with Anchor QEA for Design, Engineering and Permitting Services for the Marina Entrance Channel Maintenance Dredging Project
- American with Disabilities Act (ADA) Transition Plan, Resolution No. 1395
- 2019 Surface Water Management Project Task Assignment
- Transit Service Funding Agreement Route 635
- Interlocal Agreement for South King Housing and Homeless Partners
- Senior Services Advisory Committee Appointments: Sally Caldwell and Kaylene Moon
- Havenwood Park Final Plat, Resolution No. 1396
- Marina District Pedestrian Enhancement and Utility Undergrounding Project—Authorization for PSE Schedule 74 Agreement Approval for Construction
- Arts Commission Appointment: Kindle Shaw
- City Manager Contract Amendment #3 and Pay Range Increase
- Council Retreat: Review of Current and Future Projects and Activities
- Des Moines Memorial Drive Interlocal Agreement with SeaTac, 200th Street Intersection
- Lodging Tax Advisory Committee Appointment: Gianni Fontanoza
- Interfund Loan of \$125,000 for the Purchase of the Van Gasken Property
- Updating the Administrative Provisions of the Business and Occupation Tax Code
- TIB Complete Streets Grant Award—Barnes Creek Trail (Zenith Elementary School Extension)

#### Other Action Taken:

- City Manager Monthly Report
- Year End Financial Report
- Human Trafficking Awareness Day Proclamation
- Black History Month Proclamation
- Human Services Update (Kent Youth & Family Services and West African Community Council)
- Third Quarter City Manager Report
- Executive Sessions: Potential Litigation, Labor Negotiations and Performance of a Public Employee
- National Service Recognition Day Proclamation
- Affordable Housing Week Proclamation
- Sexual Assault Awareness Month Proclamation
- Music4Life Proclamation

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## From the Mayor



By Mayor Matt Pina

AS WE HEAD INTO SUMMER, I can't help but share my excitement of the City's 60<sup>th</sup> Anniversary! The City of Des Moines was officially incorporated on June 17, 1959. Our Des Moines Arts Commission

and City staff have been busy preparing a number of community events to help celebrate this milestone. The Des Moines Farmer's Market will kick off our summer on June 1 and the Team of Council and Staff will be at the Market on June 15 with an anniversary cake for all to enjoy!

Mark your calendars for June 29, as the City kicks off its summer concerts with the legendary Randy Hansen, American guitarist, known throughout the world for his Rock Tribute Act honoring the late Jimi Hendrix! For over 30 years, Hansen has been building a reputation as the foremost Hendrix tribute on Earth. As one of the only players officially recognized by the Hendrix family, Randy has been successfully doing his act since the '70s, stunning audiences worldwide as he channels the spirit of Jimi and perfectly recreates the stage presence and skill of the legendary axeman. Randy is also a composer/artist in his own right, with many claims to fame. Most notably, Randy wrote and performed 19 minutes of the soundtrack to the Academy Award-winning film, *Apocalypse Now*.

Local-known band, Uncle Ernie will open the show at 7:30pm with Randy taking the stage at approximately 8:30pm. Doors will open at 6pm. Get your tickets at [www.brownpapertickets.com/event/4238383](http://www.brownpapertickets.com/event/4238383) today.

Additional summer events, with our community partners, can be found on page 31 of this edition of *City Currents*.

I also want to share with you an update the Council received from our Police Chief, Ken Thomas. The Redondo Substation is up and running as a dual purpose substation. Uniformed duty patrol staff will utilize the space, as well as office space for multijurisdictional task forces that focus on violent crimes, gangs and gun violence. The substation will support Federal agents (DEA, FBI, US Marshals), along with State and Local Law Enforcement Officers providing a high visibility police presence in the south end of Des Moines. Additionally, I am

happy to note that the first quarter crime stats are down and that our new K9 Daric, is doing great in training. The Council has also recently learned that our long-time Animal Control Officer, Jan Magnuson is retiring on June 15, 2019 after 30 years of service to the City of Des Moines Police Department. On behalf of the Des Moines City Council, we want to thank Jan for her years of service and wish her well in her future endeavors.

Some things to look forward to in the near future will be the release of the Ultra-fine Particle Study, progress in addressing issues around the Sustainable Airport Master Plan and the decision from our State Legislators around the siting of a second airport in Washington State. Recently the team of Council and Staff had the good fortune of attending the League of Quiet Skies Voters – A Town Hall Aviation Expansion and Our Quality of Life. Special thanks to our federal, state and local leaders, community members and volunteers for their support and assistance in addressing these challenging aviation issues.

I know that this letter is shorter than most, but the team is working hard for you. Large scale construction and improvement projects are currently underway and on schedule; including the S. 216th Segment 3 Gateway project, the Marina Bulkhead Replacement and Marina Redevelopment projects and others. We will keep you informed as details become available. Real-time information on economic development, permits and development activity can be found on our website, [www.desmoineswa.gov](http://www.desmoineswa.gov). I hope that the summer of events and wonderful weather that we experience in our area will encourage you to get outside, enjoy our businesses and interact with our community. As always, the Team will be out and in the community enjoying the market and the many events we have planned this summer. If you see one of us, please take the time to say hello.

*Thank you,  
Matt Pina*

*Mayor and Councilmember  
City of Des Moines, Washington*





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17623 First Ave. South, Normandy Park, WA 98148



# BALLPARK BANNER SPONSOR PROGRAM

To promote local business, we place 4x8' banners at Steven J Underwood Memorial Park and/or the Field House Park. The program runs from April to November, and businesses can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November, so the business would receive tremendous exposure. For more information or to participate in the program, please call 206-870-6547 or email [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov).

## DES MOINES DIRECTORY



### City Hall

21630 11th Avenue S  
206-878-4595

### Business Hours

Monday–Friday  
8am–4:30pm

[www.desmoineswa.gov](http://www.desmoineswa.gov)

### City Council

Matt Pina, Mayor

[MPina@desmoineswa.gov](mailto:MPina@desmoineswa.gov)

Vic Pennington,  
Deputy Mayor

[VPennington@desmoineswa.gov](mailto:VPennington@desmoineswa.gov)

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Traci Buxton

[TBuxton@desmoineswa.gov](mailto:TBuxton@desmoineswa.gov)

Jeremy Nutting

[JNutting@desmoineswa.gov](mailto:JNutting@desmoineswa.gov)

### City Offices

City Attorney

206-870-6553

City Clerk/

Communications Director

206-870-6519

City Manager

206-870-6541

Planning/Building

206-870-7576

Engineering

206-870-6522

Facilities Rentals

206-870-9370

Finance Director

206-870-6532

Marina

206-824-5700

Municipal Court

206-878-4597

Parks Administration

206-870-6527

Police Department

206-878-3301

Public Works/Park Maintenance

206-870-6559

Recreation

206-870-6527

Senior Services

206-878-1642

### Other Numbers

Emergency

911

Animal Control

206-870-6549

Field House

206-870-6527

Fire (non-emergency)

253-839-6234

Library, Des Moines

206-824-6066

Library, Woodmont

253-839-0121

Police Dispatch (non-emergency) 206-878-2121

### Utilities and Services

Century Link

800-573-1311

CleanScapes

206-762-4900

Comcast

877-778-7008

Highline Water District

206-824-0375

Lakehaven Water/Sewer

253-941-1516

Midway Sewer District

206-824-4960

Puget Sound Energy

800-321-4123

SW Suburban Sewer

206-244-9575

Water District #54

206-878-7210

### CALL BEFORE YOU DIG:

Utility Locates

800-424-5555

**DES MOINES**  
CITY CURRENTS

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is published by  
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for the City of Des Moines

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[jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov)



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# EPIC VIEWS & LASTING MEMORIES



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# Goodbye, Jan

I have some great news I want to share with you all—after 30 years of service to the Des Moines Police Department, the citizens of Des Moines and the critters of Des Moines, I have decided to retire on June 15, 2019!

I am born and raised in the Burien/Normandy Park/Des Moines area, so I am not going anywhere! I am moving from my place in Kent back to Des Moines—I just bought a home on North Hill, not far from the Police Academy. I plan to continue teaching dog obedience classes here in Des Moines, and also in Normandy Park and Kent. I am very involved in the Rotary Club of Des Moines and Normandy Park and look forward to having more time to devote to our charitable projects. I also raise, train and show dogs, so I am anxious to be able to attend more dog shows now!

It has been an honor to be your Animal Care and Control Officer for all these years and to be working with an awesome group of folks at DMPD and in our other city departments as well. And I have also enjoyed working with all the wonderful law enforcement, fire staff, dispatch, records and others in agencies all over Washington and beyond!

I will certainly miss seeing you all on a daily basis, but as mentioned, I am sure I will see you around town soon... in my tank top, shorts and flip flops!

BIG SMILE—JAN 8D9



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DesMoines.WesleyChoice.org  
(206) 824-5000

Wesley is a not-for-profit organization offering a full spectrum of lifestyle options for aging well, including residential communities, in-home health and care services in King and Pierce counties.





# Summer Roadwork

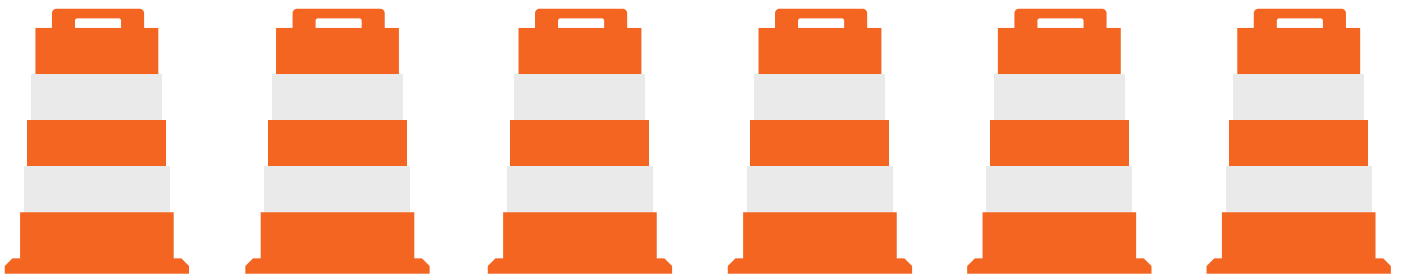
## S 216<sup>th</sup> Street – Segment 3 Construction (11<sup>th</sup> Avenue S to 20<sup>th</sup> Avenue S)

**F**or the entire year, the City will be reconstructing South 216<sup>th</sup> Street between 11<sup>th</sup> Avenue South and 20<sup>th</sup> Avenue South. Traffic impacts are expected to be significant along South 216<sup>th</sup> Street, especially between the hours of 9am and 3pm, Monday through Friday. Alternate routes are advised.

The South 216<sup>th</sup> Street improvements include a context sensitive streetscape theme, widened roadway, enhanced pedestrian crosswalks, utility undergrounding, center turn lane, bicycle lanes, sidewalks, curb and

gutter, street lighting with decorative features, landscaping and other urban design features. Designed to implement the City's Comprehensive Plan, these multi-modal improvements complete the transportation 'Gateway' to the downtown Marina District supporting sustainable economic growth and development in the North and Central parts of the City.

If you have any questions, contact the City's Construction Project Manager, Scott Romano, at 206-870-6539.



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22722 19th Ave S, Des Moines WA 98198  
206.429.3852 | dominic.finazzo@mtrainierpool.com



@MTRAINIERPOOL

# BUSINESS WATCH

Modeled after Neighborhood Watch, **Business Watch** takes the “neighbors looking out for neighbors” concept to the commercial level, creating a partnership between business, law enforcement and other organizations that represent business interests.

The Business Watch philosophy is straightforward—take control of what happens in your business community and lessen your chances of becoming a victim. Business Watch actively reduces and prevents crime through cooperation and education.

**For more information, contact CSO Tonya Seaberry at 206-870-7619 or email at [tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov).**



## BLOCK WATCH 101

Are you interested in starting a BLOCK WATCH or revitalizing your current group?

Join us for Block Watch 101

**TUESDAY, JUNE 4,  
6:30–7:30pm**

Des Moines  
Police Department  
Public Meeting Room

21900 11<sup>th</sup> Avenue S,  
Des Moines WA 98198

# ACTIVE SHOOTER

## WHAT SHOULD YOU DO?

Please plan to attend our Spring Meeting

**Tuesday, May 21, 2019, 10:30-11:45am**

Des Moines Police Department Public Meeting Room  
21900 11<sup>th</sup> Avenue S, Des Moines WA 98198

This is a great opportunity for neighborhoods looking to start a block watch or revive an old one. We will talk about how and why to set up a block watch group and current crime trends.

There will also be an opportunity for getting your questions answered. Invite a few neighbors to come with you.

Please RSVP by  
May 31 to:  
CSO Tonya Seaberry  
206-870-7619  
[tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov)



## STREET BANNER PROGRAM

Along Marine View Drive, cross streets and areas of 7th Avenue, are colorful banners promoting local businesses. The banners are fade-resistant and made from a heavy 22-ounce vinyl. Each banner is \$275 for one year with an annual renewal fee of \$175. Returning businesses have first priority, but if you would like to participate in this program or want to learn more, please call 206-870-6547 or email [jb主@desmoineswa.gov](mailto:jb主@desmoineswa.gov) for additional information.

# STAFF COMINGS & GOINGS

## COMING

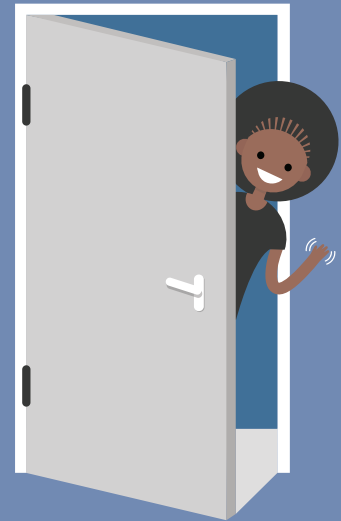
Christopher Allman  
Amber Ballentine  
Amanda Forbeck

Chris Milford  
Tyler Ries  
Cathleen Rossick

Christy Telling  
Ashley Young

Parks Maintenance Worker  
Records Specialist  
Recreation Specialist  
Events & Facilities

Parks Maintenance Worker  
Parks Maintenance Worker  
Accounting Specialist  
Accounts Payable  
Payroll Accountant  
Associate Events and  
Facilities Rental Manager



## GOING

Sonja Cunningham  
Michael Gallagher  
Natalie Lavoie  
Katherine McBride  
Cecilia Pollock

Recreation Specialist  
Maintenance Worker II  
Recreation Specialist  
Records Specialist  
Finance Manager

## Be a Good Neighbor and Clean Up After Your Pet

Two or three days worth of droppings from a population of about 100 dogs can contribute enough bacteria to temporarily close a bay and all watershed areas within 20 miles to swimming and shell fishing.



Dog feces are common carriers of:

- Heartworms
- Whipworms
- Hookworms
- Roundworms
- Tapeworms
- Parvovirus
- Giardia
- Salmonella
- E. coli

## DOG WASTE CAN HARM YOUR HEALTH

Unlike other sources adding to water pollution, such as lawn fertilizer, rinse water from driveways and motor oil, dog waste carries parasites and bacteria that can be transmitted directly to humans and make them sick.



The longer dog waste stays on the ground, the greater a contamination becomes.



Roundworm is one of the most common parasites found in dog waste. It can remain infectious in contaminated soil and water for years. A recent CDC study found 14 percent of Americans tested positive for roundworms.

# Route 635 – A Fun Ride

If you need an idea for a date with your children or grandchildren, take an afternoon and ride on the Des Moines Community Shuttle, Metro Route 635, with connections between the LINK Light Rail Station and the downtown Marina.

Orca cards are available at the Angle Lake Light Rail Station or pay at the door. Ride the shuttle to and through downtown Des Moines. Jump on and off at different attractions and eventually walk the Marina floor to the Beach Park. It is an incredible deal, particularly for youth and everyone over 65 who are eligible to apply for a Senior Reduced Fare Permit that can be used on the local and regional bus system, light rail, and/or ferries. Sign up for a permit at the Orca-To-Go event scheduled on Wednesday, July 10, 2019 from 9:30 to 11:30am at the Des Moines Activity Center.

The City Council heard from multiple residents and businesses that the Route 635 shuttle hours should be expanded to better serve riders during the middle of the day and on Saturdays. Metro and the City reached an agreement to do just that! Midday and Saturday service is scheduled to start September 21, 2019. Take a ride or perhaps use the Marina parking lot, 5am to 10pm, as an alternate to the often times full Angle Lake Park and Ride Lot.

The City is offering a free Des Moines Parks and Recreation Shuttle linking the Marina and the Angle Lake Station on Saturdays between 9:30am and 3:30pm, June 1 to September



17, 2019. Tell your friends to come to the Des Moines Farmer's Market using public transportation.

This shuttle service is truly a treasure, improving regional mobility and economic sustainability for the City of Des Moines, its citizens, employees and visitors.

*NOTE: See the following for scheduling Orca-To-Go events: [kingcounty.gov/depts/transportation/metro/fares-orca/orca-cards/to-go.aspx#kc-event-form](http://kingcounty.gov/depts/transportation/metro/fares-orca/orca-cards/to-go.aspx#kc-event-form)*

An advertisement for Assisted Living & Memory Care. The background is a photograph of a modern, multi-story residential building with a covered entrance. The text is overlaid on the image. In the top right corner, there is a circular logo with a stylized 'A' and the text "Normandy Park - SENIOR LIVING -".

**Assisted Living  
& Memory Care serving the  
Des Moines, Normandy Park,  
and Burien communities**

**206.421.0821**

**16625 1st Ave. S., Normandy Park, WA 98148**

# COFFEE WITH A COP

Join us in the Des Moines Marina—dockside at the Quarterdeck for a cup of coffee and great conversation

Wednesday,  
June 19, 2019  
10:30am



## MEMORIAL BENCH DONATION PROGRAM

The City installs and maintains many park benches throughout the city. The Bench Donation Program allows citizens and businesses to dedicate a bench to a family member or friend for a 10-year timeframe. If you are interested in purchasing a bench to honor someone you know, please call 206-870-6547 for more information or email [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov)



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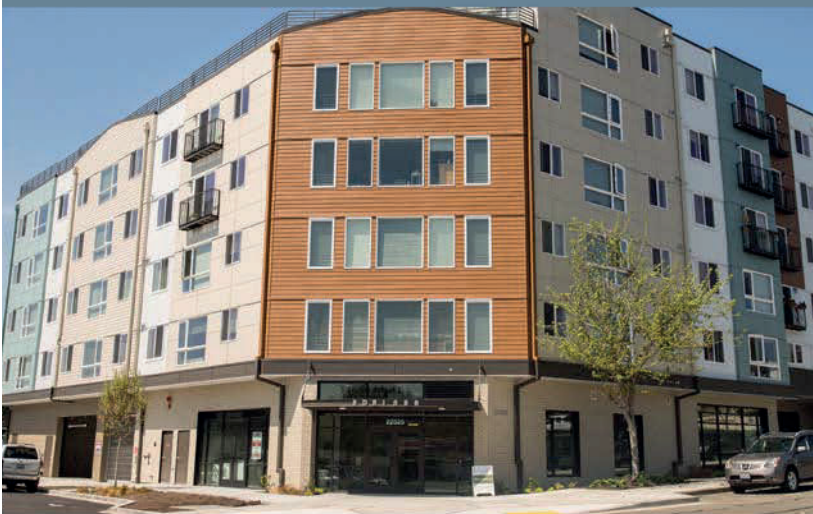
612 S 227th Street  
Des Moines WA 98198

Phone: 206-212-0220

Fax: 206-408-2022

Website [desmoineselderlaw.com](http://desmoineselderlaw.com)

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the Des Moines  
Marina District*  
**(206) 395-2220**



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Senior Apartments**

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## Storm Drain Marker Volunteer Program

COME HELP MAKE A DIFFERENCE IN THE COMMUNITY! Organizations or individuals can help raise public awareness, protect our water quality and reduce the amount of pollution by participating as a volunteer in our storm drain marking program. When it rains, water runoff collects oil, pet waste, grease, soaps and sediment, where it then enters into the storm drain system, polluting the surface water and the environment. You can spend as much time as you wish and choose the area you want to mark. Volunteers must be at least 15 years old.

Instructions, maps and storm drain-marking supplies will be provided. For more information, please contact Tyler Beekley, Water Quality Specialist at 206-870-6869, [tbeekley@desmoineswa.gov](mailto:tbeekley@desmoineswa.gov) or Janet Best, Volunteer Coordinator at 206-870-6547, [jb主@desmoineswa.gov](mailto:jb主@desmoineswa.gov).

# FREE Women's Basic Self Defense Class

Saturday, June 1 and 8, 8am–12:30pm

Des Moines Police Department

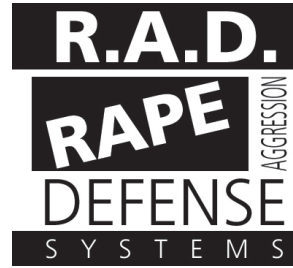
Learn to protect yourself!

The R.A.D. System is a program teaching realistic self-defense tactics and techniques.

In this class you will learn:

- Risk reduction
- Risk avoidance
- Hands-on defense techniques

The class is open to ladies 12 years and older. Reservations are required. Please call or email 206-870-7619 to get signed up or for more information.



## National Night Out

Start planning now for National Night Out 2019!

The 36<sup>th</sup> Annual National Night Out event is scheduled for Tuesday, August 6. National Night Out is a great opportunity to celebrate with your neighborhood and the City of Des Moines.

National Night Out is a national event that is celebrated all around the world. Sponsored by National Association of Town Watch, each year, communities are encouraged to lock their doors, turn on their porch lights and spend the evening outside with their neighbors and local law enforcement.

The idea is to stand together and promote safety, awareness and neighborhood unity. For more information about hosting an event in your neighborhood go to [www.desmoineswa.gov](http://www.desmoineswa.gov) and look under National Night Out 2019.

## SUPPORT DES MOINES

Looking to advertise?  
Contact Greg Borland to discuss  
how to maximize your exposure to  
residents of Des Moines



206-979-6928  
[greg@philippublishing.com](mailto:greg@philippublishing.com)

# MOUNT RAINIER POOL

GOVERNED BY THE DES MOINES POOL METROPOLITAN DISTRICT



## SCHEDULE EFFECTIVE THRU JUNE 23

Swim Activities – Shallow							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30–7am							CLOSED
7–8:30am	Water Walking	Water Walking	Water Walking	Water Walking	Water Walking		
8:30–9:30am	Aerobics	Aerobics	Aerobics	Aerobics	Aerobics	Lessons	
9:30–11am	Water Walking	Water Walking	Water Walking	Water Walking	Water Walking		
11am–1pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	
1–3pm	Cleaning and Maintenance					Open Swim* 2–4pm	
3–4pm							
4–7pm		Lessons		Lessons			
7–8pm	Family Swim	Aerobics	Family Swim	Aerobics	Family Swim		
8–9pm		Family Swim		Family Swim			
Lap Swim & Activities – Deep							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30–7am							
7–11am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
11am–1pm							
1–3pm	Cleaning and Maintenance						
3–6pm	SMAC Swim Teams						
6–7pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Aerobics		
7–9pm					Lap Swim		

Note: Schedule subject to change, call or check website for inclement weather closures.

## UPCOMING EVENTS

### SCHOOL DAYS OUT

May 27–28

1–3pm – \$3/swimmer

### SPECIAL OPEN SWIMS\*

First Saturday of each month:

**\$1**

Third Saturday of each month:  
Wibit Swim

### TEEN NIGHTS

Last Friday of each month  
7–8pm – \$2/swimmer

A great atmosphere for teens to enjoy a safe environment while having fun and exerting extra energy. One diving board open, as well as space in the shallow and deep end for activities and fun!

### FREE SENIOR THURSDAY

First Thursday of each month  
Free to Seniors including the water exercise. Class in the morning followed by coffee and doughnuts

### May is National Water Safety Month!

### FREE WATER SAFETY EVENTS

National Learn to Swim Day:  
Saturday, May 18, 2–4pm

Summer Spashtacular:  
Saturday, June 22, 2–4pm



For more information, including admission rates, rentals, swim lessons and employment, visit [www.MtRainierPool.com](http://www.MtRainierPool.com)



@MTRAINERPOOL

22722 19<sup>th</sup> Avenue S • Des Moines • 206-824-4722  
OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT





# MARK YOUR CALENDAR

## REGISTRATION FOR SENIOR TRIPS AND CLASSES STARTS MONDAY, MAY 13 AT 9AM



## ADULT ENRICHMENT

### Get Your ORCA Card Senior and Disabled Reduced Fare

No need to go downtown—ORCA is here! Come get your adult, senior and disabled regional ORCA card. Must be 65 to qualify as a senior. The card is free, and you can add between \$5 to \$300 to the e-purse on your card, which works like a pre-paid debit card and deducts the correct fare each time you tap your card on the bus, light rail or ferry. Cash, checks and major credit cards accepted for e-purse payment.

Wed Jul 10 9:30–11:30am Activity Center

## CLASSES OR WORKSHOPS

NOTE—Classes are cancelled one week ahead if there are not enough registrants to cover the instructor and course costs so please register at least one week in advance for our classes. Thank you.

### Beginners Smart Phone Workshops

Must bring in your smart phone to class. These classes are free workshops.

#### Basic Smart Phone Settings

Learn the basic settings on your phone and how to customize it to help make it easier to use. Ring tones, touch screen shortcuts, magnification, volume control and contacts.



Mon Jul 22 & 29 10–11am Activity Center

### Basic App Skills

Learn about different apps. How to install and use helpful apps.

Mon Aug 5 & 12 10–11am Activity Center

### Learn to Ride Metro Transit Bus and Light Rail

You must pre-register and attend both Part 1 and Part 2 classes. Call 206-878-1642 to register.



#### Part 1: Classroom Presentation

Come learn how to ride and navigate the LINK light rail. Get useful tips on boarding, recognizing your trip, transferring from LINK to buses, paying and planning your trip.

Mon Sep 9 9:30–11am English  
Thu Sep 19 9:30–11am Spanish

#### Part 2: Group Instruction Outing

Gain confidence by riding the bus and light rail with our group. The Metro instructor will escort us on a trip so we can practice riding the bus to the light rail. Then we'll all get on the light rail to the University of Washington and make a practice stop along the way to experience getting on and off the light rail.

Wed Sep 11 9:30am–2:30pm English  
Thu Sep 26 9:30am–2:30pm Spanish

### Watercolor: The Fun and Easy Way

Whether you're just learning or an experienced watercolorist, this class provides a great balance of structured technique and creative expression. In each session of this six-week class, you'll create a new painting that uses a new watercolor technique while integrating the ones you've already learned. You'll paint seasonal subjects and landscapes from photos. Experienced painters can branch off and add their own creative flourishes. Instructor: Sarah Schoenfeld, Highline College

Tue Aug 20–Sep 24 1–3:30pm \$65

### Pill Bottle Picture Holders

Repurpose your old pill bottles into cute photo holders.

Mon Jun 3 10–11:30am FREE

### AARP Smart Drivers Course

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course, your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Payment collected on first day of class in either check or money order form. Adults age 50+

\$15 AARP member/\$20 AARP non-member Activity Center

Tue/Wed Jul 16–17 10am–2:30pm



## SENIOR & ADULT FITNESS

### Enhance Fitness



Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Co-sponsors are Group Health and Sound Generations. Instructor: Yu San Gartz

Tue/Thu/Fri	Field House	Drop-in fee: \$5
Jun 4–28*	8–9am or 9:20–10:20am	\$52
Jul 2–30**	8:20–9:20am	\$48
Aug 1–30	8:20–9:20am	\$56
Sep 3–27	8–9am or 9:20–10:20am	\$48

\*Effective Thursday, 6/27, there will be just one class at 8:20–9:20am  
 \*\*No class 7/4

### Tai Chi



This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explores the 24-pattern sequence. The emphasis is on the no-impact, relaxed flowing movements which aid in balance, increased strength and vitality. Wear comfortable, loose clothing. Instructor: John Lindsay

Mon/Wed	Normandy Park City Hall Rec Center	\$60
Jun 3–26	11am–12pm	
Jul 8–31	11am–12pm	
Aug 12–Sep 9*	11am–12pm	

\*No class 9/2

### Yoga—All Levels Welcome



Class will allow you to explore more deeply and gently what your body and mind seek... ease! This gentle and easy-flow class is designed to bring a suppleness to the spine; to engage the whole body with a quiet strength and to promote balance and flexibility. Wear comfortable clothing. Bring a mat and a blanket. Instructor: Meagan of Sugarcane Yoga and Cuisine

Thu	Activity Center	\$55
Jun 13–Aug 8*	4:30–5:30pm	

\*No class 7/4

### Sunday Dances

Dancing stimulates your mind, body and soul! Waltz, jitterbug, swing... move to the live music of Randy Litch on our beautiful hardwood floor. Stafford Healthcare provides hot beverages. Adults of all ages welcome!

Sun	Activity Center	\$5
May 26	1–3pm	
Jun 23	1–3pm	
Jul 28	1–3pm	
Aug 25	1–3pm	

### Sunday Walks!

Local resident Gary McNeill hosts walks on (typically) the 3<sup>rd</sup> Sunday each month. The location and routes of the walks are subject to change, so updated information can be obtained on [www.meetup.com](http://www.meetup.com) by searching for Des Moines Waterland Walking Group.

May 19	11am	Meet at S 216th and 16th Barnes Creek Trail
Jun 16	11am	Meet at Saltwater State Park lower parking lot
Jul 28	11am	Meet at Des Moines Marina near Fishing Pier
Aug 18	11am	Meet at Redondo Peir

### Dance for Parkinson's (For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary.

Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Register in advance by calling Shawn Roberts, Seattle Theatre Group, 206-518-5232 or in-person at the first class.

Suggested Donation \$5	Activity Center
Mon Jun 10–Jul 29	2–3:30pm
Mon Sep 9–Oct 28	2–3:30pm



## SECOND CHANCE SPRING CLEAN

Clean out your closets for spring and bring your items to our SECOND CHANCE SPRING CLEAN!

All donations support the services and programs at Des Moines/Normandy Park Senior Activity Center.

**DATE:**  
May 28–June 7

**TIME:**  
9am–3:30pm

**WHERE:**  
DMAC large classroom

Drop your donated items off at the center the week of May 20.

**THANK YOU!**



## SENIOR OUTINGS



### Out to Lunch

Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart 10–10:45am and return about 2pm.

<b>Fri</b>	<b>Age 50+</b>	<b>\$10 transportation fee</b>
Jun 14	Tantalus Greek Restaurant, Issaquah	
Jul 12	Salty's, Seattle	
Aug 9	Indo Asian Street Eatery, Tacoma	
Sep 13	Saimin Says Hawaiian Restaurant, Kent	

### Exploring Religions and Houses of Worship— Trip and Lecture Series

In this eight-week series we'll explore different religions practiced in our region. We'll start with a lecture from UW instructor Dr. David E. Smith, and then we'll explore six houses of worship (Locations TBD—likely those associated with Christianity, Islam, Hinduism and Buddhism—transportation included). Each venue will provide a lecture by a spiritual leader, with time for questions and an explanation of the sacred items. Dr. Smith will close the series with a summary lecture. Instructor: Dr. David E. Smith, UW in partnership with Wesley U.

<b>Wesley, opening lecture</b>		
Wed	Jun 26	11am–12pm
<b>Various houses of worship</b>		
Wed	Jul 10–Aug 21*	10am–1pm
<b>Wesley, closing lecture</b>		
Wed	Aug 28	11am–12pm

\*No trip on 8/14

### DAY TRIPS

Explore the Northwest and leave the driving to us!  
Age 50+ and travel days vary.

<b>New Leaf Enterprises Tour, Sodo</b>		
Join our group to discover how a medical marijuana store operates		
Wed	May 15	9am–3pm \$25
<b>Happy Creationz Ceramic Studio, Normandy Park</b>		
Choose your ceramics make-and-take project.		
Wed	May 22	10:30am–2pm \$25
<b>Tankfest, Everett</b>		
Hear the clamor vintage tanks, military vehicle demos and educational events.		
Sat	May 25	8am–4pm \$35
<b>Bullitt Center Tour, Seattle</b>		
See the world's greenest building. Learn about green technology.		
Wed	Jun 5	9am–3pm \$20

### Wicked the Musical, Paramount

Join us for this popular play!  
Thu Jun 13 11:45am–5pm \$95

### Snoqualmie Falls, Snoqualmie

Visit or re-visit this breathtaking attraction.  
Wed Jun 19 8am–3pm \$15

### Drive the Viaduct Tunnel

Give in to your curiosity about this new tunnel!  
Wed Jun 26 10am–2pm \$15

### Red Wind Casino

Spend a day at the slots. Lunch not included.  
Wed Jul 10 9:15am–3pm \$10

### Point Defiance Zoo, Tacoma

See the new aquarium. Lunch at the zoo.  
Wed Jul 17 9:30am–3pm \$29

### Wings Over Washington, Seattle

Fly over Washington in the virtual world.  
Lunch at the pier.  
Wed Jul 24 9am–2pm \$30

### Olive Branch Café Tea Service, Tacoma

Enjoy lovely tea and cakes.  
Wed Jul 31 10:15am–1pm \$44

### Rainier's Game, Tacoma

Get a free Rainier's hat! Ballpark lunch provided.  
Mon Aug 5 10:15–4pm \$29

### The Polson Museum, Hoquiam

Learn about how the Polson family lived. Lunch TBD.  
Wed Aug 14 9am–4pm \$17

### Mt. Rainier Sunrise Visitor Center

Enjoy scenic views of the mountain. Bring a sack lunch.  
Wed Aug 21 9am–4pm \$12

### Destiny Harbor Tour, Tacoma

See the city by boat. Bring a sack lunch.  
Wed Aug 28 11am–3pm \$60

### Bellewood Farms, Lynden

Tour the farm on a train. Lunch TBD.  
Wed Sep 4 7:30am–4pm \$20

### Day in Wenatchee

Wander the shops along the river. Lunch not included.  
Wed Sep 11 8am–5pm \$15

### Fall City Wallaby Ranch

Come pet a wallaby! Lunch TBD.  
Wed Sep 18 8:45am–3pm \$25

### Seattle Underground

See what lies beneath the busy city. Lunch TBD.  
Wed Sep 25 9am–3pm \$30



### Horticulture Outings

Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Transportation fee does not reflect no-host lunch or garden admission fees; \$10 transportation fee.

<b>Fri</b>	<b>Age 50+</b>	<b>Depart</b>
<b>Old Capital Building Japanese Garden, Olympia</b>		
Jun 7	Lunch: Casa Mia	8:45am
<b>Lake Wilderness Arboretum, Maple Valley</b>		
Jun 21	Lunch: Black Diamond Bakery	9am
<b>Highline Botanical Garden, SeaTac</b>		
Jul 5	Lunch: TBD	10am
<b>Art Converse Garden, Issaquah</b>		
Jul 26	Lunch: TBD	9:30am
<b>Fox Island Tour, Gig Harbor</b>		
Aug 2	Lunch: Gig Harbor Airport	8:30am
<b>Bradner Garden Park, Seattle</b>		
Aug 16	Lunch: Bahama Breeze	10am

### Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure is 8–8:30am, and return time varies.

<b>Mon</b>	<b>Age 50+</b>	<b>\$10 Transportation Fee</b>
May 20	Delphi	Olympia \$16
Jun 3	Alderbrook	Union \$25
Jun 17	Madrona	Gig Harbor \$20
Jul 1	Mystery Trip	\$25
Jul 15	Rolling Hills	Bremerton \$21
Jul 29	Enumclaw	Enumclaw \$14
Aug 5	Whispering Firs	JBLM \$20
Aug 19	Meadow Park	Tacoma \$21
Sep 9	Lake Wilderness	Maple Valley \$17
Sep 23	Horseshoe Lake	Port Orchard \$20

### 2019 Senior Services Advisory Committee

*Sally Caldwell, Jeff Crompe, Christine Mark, Kaylene Moon, Priscilla Vargas*

*We have openings. For more information, contact Bonnie Wilkins, 206-870-6519 or [bwilkins@desmoineswa.gov](mailto:bwilkins@desmoineswa.gov)*

### Weekly Activities

Pre-registration required, call 206-878-1642.

<b>Wii Games &amp; Sports</b>	Mon/Wed/Fri	10am–1:30pm
<b>Hand &amp; Foot Cards</b>	Mon/Fri	1–4pm
<b>Mexican Train Dominoes</b>	Tue	1–4pm
<b>Crafting Corner</b>	Wed	9–11:30am
<b>Cribbage</b>	Wed	9–11:30am
<b>American Mahjong</b>	Wed	12:30–3pm
<b>Duplicate Bridge</b>	Fri	10am–1:30pm

### MORE ACTIVITIES

#### Spring Celebration Walk

We celebrate May Day with three distance walks around the center... you choose!

Thu May 2 11:30am

#### Mother's Day

Let us treat you like a queen.

Mon May 13 11:45am

#### Memorial Day

Remembering those we have lost serving our country.

Tue May 28 11:00am

#### Father's Day

Enjoy some friendly competition with yard games, like Cornhole.

Mon June 17 11:45am

### MEALS

#### Share A Meal

Join us for a nutritious and social lunch. Thursdays are our Latino day with Sea Mar Community Health Centers. \$4 suggested donation.

Mon–Thu 11:45am Des Moines Activity Center

#### Wondering What's Cooking?

View the monthly menu from the city's website: [www.desmoineswa.gov/seniors](http://www.desmoineswa.gov/seniors)



## BLUEPRINT FOR LIVING WORKSHOPS

A series of workshops and presentations designed to enhance your independence. Presentations are free unless otherwise noted and held at the Des Moines Activity Center. Register in advance by calling 206-878-1642.

### Caregiver Support Group

Des Moines Activity Center hosts a weekly caregiver support group. As a supportive, informal group, caregivers share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. Caregivers are welcome to bring their loved one, and a volunteer will provide activities for them. No registration necessary. In cooperation with Des Moines United Methodist Church.

Thu Ongoing 2–3:30pm

### Single Senior Conversation

Single people outnumber married people in America today, and about 18 million of those single Americans are age 65 or older. If you're part of that population of single seniors, meeting and dating someone may seem difficult. But Americans 55 and older are more likely to remarry now than they were 50 years ago, so there's hope. Join Sergeant Cathy Savage as she walks you through safe dating in the 21st century.

Thu Jun 27 10:30–11:30am

### Learn and Play Mexican Train Dominoes!

Come and join in the fun! Prior to playing, you will get two 30-minute personalized lessons of how the game is played. Feel free to bring a snack to share while playing this fun game with a group who loves to laugh. Instructor: Barbara Cornwall, long-time player and patient teacher

Tue Jul 2 & 9 12:30pm lesson/1–4pm play

### Native American Flutes and Stories

Come experience the melodies and stirring stories of our Native American cultures. Musician and storyteller Gary Stroutsos plays the melodies of the Lakota, Mandan-Hidatsa, Navajo and Salish Kootenai nations. His long career includes the soundtrack of Ken Burns' PBS documentary, *Lewis and Clark*, and a command performance at the White House. Gary has been featured on NPR broadcasts, New York Evening at the Pops and the radio program Echoes. Don't miss this stirring event.



Wed Jul 17 12:30–2pm

### Is This A Healthy Choice? Understanding Food Labels

So you're trying to eat healthy, but as soon as you start reading food labels, things can get confusing. Learn to decipher some common, but often misunderstood terms (fat free, organic, non-GMO, etc.) and gain confidence that you're making the right food choices for you. Learn to find the information you need. Instructor: Bridget Kubes, Garden Truck Educator

Tue Aug 13 10:30–11:30am

### Cooking with Herbs and Herb Butter Tasting

Come learn how to use simple herbs to brighten up even simple meals. You don't need to be a great cook to learn which herbs go with what foods and vegetables to make them taste better and more fun to prepare. You'll make several herb butters and taste them on various vegetables and crackers to experience how delicious a simple herb butter can be. English with Spanish translation. Instructor: Bridget Kubes, Garden Truck Educator

Thu Aug 15 10:30am



### Des Moines, City of Sculptures!

Come learn about the exciting sculptures springing up around Des Moines! Learn about the art and artists during the presentation and then join a group to hop a bus (free) down to the Marina to view some of the pieces there. Instructor: Sheri Verburg, former Chair of the Des Moines Arts Commission

Tue Aug 20 10am

### Aviation History Series— Women in Aviation & Aerospace

Women have made significant contribution to aviation since the first flight in 1903. Early female pilots boldly helped grow the industry and contributed significantly to flying for research, the military, racing, commerce and space. Women in the industry often trained and mentored other female pilots, and led the way to bringing down barriers for women in all aspects of the aviation industry. Come learn the names and deeds of the fascinating women who have made history in aviation.

Thu Aug 22 7pm



## Camp KHAOS

### Kids Having An Outrageous Summer!

Let us fill your child's summer days with play, fitness, friendship and new experiences under the supervision of caring, experienced camp staff. Leaders plan amazing activities—arts, outdoor games, friendly challenges, weekly field trips and swimming all around a fun weekly theme. It's all here! All participants receive a Camp KHAOS T-shirt. Multiple child discounts are applied within immediate family. **Free daily lunch and snack provided by the Des Moines Food Bank for all KHAOS kids.** Call 206-870-6527 for information.

Note: \$10 discount when registered and paid one week in advance.

One-time registration fee \$30 Resident (R) or \$35 Non-resident (NR) per child.

Camp hours are 6:30am–6pm.

Federal Way School District camps on 6/20 and 6/21.

### Camp KHAOS (Grades Pre-K–6)

Week	R/NR
1	\$180/\$202
2	\$144/\$162
3–10	\$180/\$202

Daily rate without field trip \$50/\$56

Daily rate with field trip \$60/\$66

### K2 Teens (Grades 7–9)

K2 will have your teen out on adventures throughout the week building new friendships, playing games and creating memories! K2 Teens will join in on KHAOS trips and the K2 trips listed below.

Week	R/NR
1	\$195/\$224
2	\$156/\$179
3–10	\$195/\$224

Daily rate without field trip \$54/\$62

Daily rate with field trip \$60/\$66

WEEK	DATES	THEME	DAY OF FIELD TRIP	ADVENTURE
1	Jun 24–28	RED CARPET ROLL-OUT	Wed 6/26 Thu 6/27	KHAOS & K2 – Movie K2 – Dave and Busters
2	Jul 1–5* *no camp 7/4	SPORTS-A-PALOOZA	Tue 7/2 Wed 7/3	K2 – Hike West Hylebos KHAOS & K2 – Seattle Storm Game
3	Jul 8–12	1-2-3-4, WE WANT A COLOR WAR	Tue 7/9 Wed 7/10	KHAOS & K2 – Tag Zone K2 – Laser Quest
4	Jul 15–19	AROUND THE ZOO IN 80 DAYS	Tue 7/16 Wed 7/17	KHAOS & K2 – Woodland Park Zoo K2 – Geocaching Seattle
5	Jul 22–26	GOODBYE BASEBALL	Tue 7/23 Wed 7/24	KHAOS & K2 – Highline Bears Game K2 – Future of Flight (Boeing)
6	Jul 29–Aug 2	LET'S MAKE A DEAL	Tue 7/30 Wed 7/31	KHAOS & K2 – Family Fun Center K2 – Wild Waves
7	Aug 5–9	THE GREATEST SHOW-CAMP	Mon 8/5 Tue 8/6	K2 – Rainiers Game KHAOS & K2 – Trampoline Nation
8	Aug 12–16	TSUNAMI OF FUN	Tue 8/13 Wed 8/14	KHAOS & K2 – Spray Ground K2 – CenturyLink Field Tour
9	Aug 19–23	10-PIN SHOWDOWN	Tue 8/20 Wed 8/21	KHAOS & K2 – Hi-line Lanes K2 – Seattle Underground Tour
10	Aug 26–30	SURF'S UP, SUMMER'S UP	Tue 8/27 Wed 8/28	KHAOS & K2 – Gene Coulon Park BBQ K2 – Paddle Sports

(Field Trips Schedule subject to change)

## YOUTH LEAGUES



### Tee-Ball and Coach Pitch

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels.

**Ages 3–5 Tee-Ball, ages 6–8 Coach Pitch**

Season runs Jun 3–Aug 3, Des Moines Area Fields

#### Registration Dates

May 1–19

R/NR

\$81/\$95

### Fall Youth Recreation Soccer League

Registration is open between May 13 and August 4.

**Ages 4–Kindergarten Coed, Grades 1–2 Coed and Grades 3–4 Coed**

Season runs Aug 19–Oct 26, Des Moines Area Fields

#### Registration Dates

May 13–Jun 30

Jul 1–Aug 4

R/NR

\$72/\$85

\$82/\$95



### Coaches Meetings

Coach Pitch	May 14
T-Ball	May 14
Fall Soccer	Jul 30

**6pm**

Field House
Field House
Field House

**For information about coaching, sponsorship and scholarships, please call 206-870-6527.**



# RECREATION SCHOLARSHIPS

The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration. Call 206-870-6527 for more information.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial.

Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro. Llame al 206-870-6527 para más información.

Household Size	1	2	3	4	5	6	7	8
<b>50% Discount</b>	\$21,987	\$29,637	\$37,296	\$44,955	\$52,614	\$60,273	\$67,951	\$75,647
<b>75% Discount</b>	\$18,711	\$25,232	\$31,752	\$38,273	\$44,793	\$51,314	\$57,850	\$64,402
<b>90% Discount</b>	\$15,444	\$20,826	\$26,208	\$31,590	\$36,972	\$42,354	\$47,749	\$53,157

**Example: If your family size is 2 and your income is \$20,826 or less, you are eligible for a 90% scholarship.**

\* Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.\*

## SPORTS CAMPS

### Baseball Camp

Hitting—Throwing—Fielding—Games and Scrimmages. This youth baseball camp for children 8–13 years is well-suited for all players, from the aspiring to the elite. Instructor Steve Goucher is a former professional baseball player and Atlanta Braves scout. Steve has over 20 years experience instructing baseball at all levels. Many of his students have gone on to play college baseball, with a few in the big leagues. Advanced registration is required.

<b>Wed–Fri</b>	<b>Steven J Underwood Park</b>	<b>R/NR</b>
Jun 19–21	9am–12pm	\$125/\$150
<b>Mon–Thu</b>	<b>Steven J Underwood Park</b>	<b>R/NR</b>
Aug 19–22	9am–12pm	\$150/\$180

### 1-on-1 Private Baseball Instruction

Work with instructor Steve Goucher to sharpen individual skills in a one-on-one setting. Only two 30-minute sessions available each day; you must register for each day individually.

<b>Wed–Fri</b>	<b>Steven J Underwood Park</b>	<b>R/NR</b>
Jun 19–21	12:15–12:45pm	\$35/\$42
Jun 19–21	12:45–1:15pm	\$35/\$42
<b>Mon–Thu</b>	<b>Steven J Underwood Park</b>	<b>R/NR</b>
Aug 19–22	12:15–12:45pm	\$35/\$42
Aug 19–22	12:45–1:15pm	\$35/\$42



### Basketball Training Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. Michael and Marv Johnson of the Johnson Boys B-Ball Training, formerly of South Sound Athletics, are here to help. They have helped train NBA players like Jamal Crawford, Rodney Stuckey, Nate Robinson and Isaiah Thomas. All levels are welcome; they cover shooting, ball handling, passing and how to play without the ball in hands. Sign up now and you will become a better player and learn what it takes to get as good as you want.

<b>Thu</b>	<b>Grade 3–6</b>	<b>Field House</b>	<b>R/NR</b>
Jun 6–27	5:30–6:45pm		\$130/\$156
Jul 11–Aug 1	5:30–6:45pm		\$130/\$156
Aug 8–29	5:30–6:45pm		\$130/\$156

### UK International Soccer

They are back for an exciting camp! Interested in hosting a UK Coach for the week? Contact Stewart at [stewart.boniface@uksocca.com](mailto:stewart.boniface@uksocca.com) or go to [www.uksocca.com](http://www.uksocca.com) for details. The original community camp for the recreation and developmental player within your community. Our “Inspire” curriculum is designed and utilized to not only teach children how to improve as a soccer player, it also helps them to achieve their goals off the field by improving their self-motivation and skill-learning behaviors. Coaches: UK professionals

<b>Jul 29–Aug 2</b>	<b>Field House</b>	<b>Price</b>
Age 4–14	9am–12pm	\$140 half-day
Age 7–14	9am–3pm	\$180 full-day

### Cheer Camp

Skyhawks cheerleading teaches young athletes all the essential skills to lead the crowd and support the home team. Skyhawks' cheer camp will ensure that each camper will learn cheers, proper hand and body movements, as well as jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The week concludes with a choreographed performance. Register at [www.skyhawks.com](http://www.skyhawks.com).

<b>Mon–Thu</b>	<b>Ages 6–10</b>	<b>Field House</b>
Jul 29–Aug 1	9am–12pm	\$105

### Mini-Hawk Camp (Basketball, Soccer, Baseball)

This multi-sport program was developed to give children a positive first step into athletics. Basketball, soccer and baseball are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. Register at [www.skyhawks.com](http://www.skyhawks.com).

<b>Mon–Fri</b>	<b>Ages 4–6</b>	<b>Field House</b>
Aug 12–16	9am–12pm	\$129





### Tennis Camp

This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live-ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point-playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program. Register at [www.skyhawks.com](http://www.skyhawks.com).

**Mon-Thu**      **Ages 7-12**      **Field House**  
 Aug 19-22      9am-12pm      \$105

## Picnic in the Park!

**Ages 1-18**

Be part of a returning summer activity featuring a nutritional lunch, snack and supervised recreation activities. Trained Parks and Recreation staff lead activities that promote fun, fitness, creativity and offer youth the opportunity to develop friendships through active play, arts and crafts, games and teambuilding. Children are free to come and go during the day. Drop-ins welcome!

**Midway Park**  
 Mon-Fri 6/26-8/30\*  
 Lunch 12:30-1pm  
 Snack 2:45-3pm  
 Fun in the Sun Activities  
 11am-5pm

**Farmers Market**  
 Sat 6/29-8/31  
 Snack 10-11:30am  
 Lunch 11:30am-1pm  
 Wed Evenings  
 7/10-8/28  
 Time TBD

**Field House Park**  
 6/26-8/30\*  
 Lunch 11:30am-12pm  
 Snack 3:30-3:45pm

**Redondo Beach (Boardwalk)**  
 6/20-8/30\*  
 Lunch 11:30am-1pm  
 Snack 2:30-3pm



*\*No service 7/4. Note - Meal times and dates are subject to change. Program starts when school is out*

## YOUTH CAMPS

### Youth Sailing Camp

Designed for kids, this course combines on-the-water experience with dock-side activities and trainings. Focus is on safety on the water, sailing basics nomenclature, wind awareness, rigging, and sailing etiquette. On the water instruction takes place just west of the main breakwater. Instructors accompany students with a chase boat.

\*K2 Camp participants are eligible for fee reduction on their Camp KHOAS weekly fee.

#### Beginner Youth

Mon-Fri	Age 11-15	Des Moines Marina	R/NR
Jul 15-19		1-4pm	\$60/\$72
Jul 22-26		5-8pm	\$60/\$72
Jul 29-Aug 2		10am-1pm	\$60/\$72

#### Intermediate Youth\*

Mon-Fri		Des Moines Marina	R/NR
Aug 5-9		10am-1pm	\$60/\$72

\*Must be approved by instructor

## YOUTH ACTIVITIES

### Indoor Tot Time

Keep your little ones active with age-appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on-hand. Join in the fun and watch them make new friends along the way.

Ages 0-5	\$20 Punch Card or \$3 Visit	Field House
Mon/Wed	Now-Jun 10	10am-12pm

### South Elite Rec Cheer Program

Be a part of South Elite's beginning-to-intermediate level cheer squad! You'll learn dances, cheers and beginning tumbling. There will be opportunities to perform, too. This team will perform at community events like football games, basketball half-times, showcases, local parades and festivals. Previous experience is not required—contact South Elite with questions. All South Elite classes are run by South Elite All Stars at [www.gosouthgo.com](http://www.gosouthgo.com). (Prorated pricing available.)

Tue	Ages 7-18	South Elite All Stars, Kent, WA
Jun 4-Aug 27		6-7pm \$159

### Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great opportunity for kids to meet other kids from the community. Facilitators: staff

Tue-Thu	Age 3-5	Field House	R/NR
May 28-30	5-6pm		\$30/\$35
Aug 13-15	5-6pm		\$30/\$35



### Tiger Kids Martial Arts Course Overview

All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniform optional and available from instructor. Instructor: Mitch Mayberry, International Champion, 9th Degree Master

### Tiny Tigers Kung Fu & Taekwondo

A fun and less intense martial arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids, including bag kicking and sword play for fun.

<b>Ages 3-6</b>	<b>4:20-4:50pm</b>	<b>Field House</b>	<b>R/NR</b>
Wed	Jun 19-Aug 7		\$92/\$110

### Tiger Kids/Family Martial Arts & Fitness

Kid's and their parents, or just the kids, can have fun while developing coordination, focus and fitness. Students can progress in belts and learn the simple moves of Taekwondo/ Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step-by-step promoting confidence, achievement and safety skills. Bag kicking and Jedi Warrior sparring also for fun.

<b>Age 7+</b>	<b>4:50-5:30pm</b>	<b>Field House</b>
<b>Colored belts</b>	<b>4:50-5:45pm</b>	<b>R/NR</b>
Wed	Jun 19-Aug 7	\$92/\$110

## OUTDOOR FAMILY MOVIE NIGHTS @ Dusk

- Aug 2: *Aquaman* Des Moines Beach Park
- Aug 6: *Shazam!* Midway Park
- Aug 16: *Space Jam* Des Moines Beach Park
- Aug 23: *The Lego Movie 2* Field House Park
- Aug 30: *Teen Titans Go!* Wooton Park

## TEEN

### Better Babysitters Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter Training teaches how to respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper and care for infants, and start a babysitting business. Bring a sack lunch and a snack. Bring \$16.50 materials fee to instructor, first day of class. Instructor: Gaylynn Smith, Pro Cert

<b>Sat</b>	<b>Ages 11-15</b>	<b>Des Moines Police Station</b>	<b>R/NR</b>
May 18		8:30-2:30pm	\$56/\$68

### Teen Dances

Kick it at themed dance parties hosted by Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Des Moines schools: grades 6-8; waiver and student ID required for admission or Des Moines residents with parent verification. Call 206-870-6582 for policy information. Facilitator: recreation staff

<b>Fri</b>	<b>7:30-10pm</b>	<b>Field House</b>
Jun 7	Aloha Summer	\$8

## ADULT LEAGUES

### Adult Men & Coed Softball League

Fall ball is approaching soon! Get to first base with your team and sign up for a 14-game season, topped off with a single elimination post-season tournament. All games located at Steven J Underwood Memorial Park.

**Registration Deadline: July 16**

**Coaches Meeting: July 16, 6pm, Field House**

**Adults: \$960R/\$1,045NR**

**Coed Recreation Division:** Monday evenings starting 8/5

**Men's Recreation Division:** Tuesday evenings starting 8/6



## ADULT ENRICHMENT

### American Boating Course

Learn the essential information to operate a boat, including boat handling, seamanship, necessary equipment, boat trailering and much more. This course exceeds educational requirements in all states, and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies. Instructor: Poverty Bay Power Squadron



**Ages 12+** **Public Works & Parks Service Center**  
 Sat Jun 15 8am-4pm \$40



### Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Champion Trainer and Retired Animal Care and Control Officer

Dogs 4+ months	Field House	R/NR
Wed Jun 12-Jul 24	7:15-8:15pm	\$95/\$105
Wed Aug 7-Sep 11	7:15-8:15pm	\$95/\$105

**D E S M O I N E S W A**  
**C O M M U N I T Y**  
**S E R V I C E S**

FREE

FOOD TRUCKS

EVERY WEDNESDAY  
 JULY 10th-AUG 21st  
 7:00PM-8:30PM  
 DES MOINES BEACH PARK  
 22030 CLIFF AVE S.  
 DES MOINES, WA 98198  
 INFO@DESMOINESARTS.COMMISSION.WA

7/10- FREE RAIN  
 7/17- BUZZ BRUMP  
 7/24- PAIOLI JAZZ QUINTET  
 7/31- ELENA MAQUE  
 8/7- ETHAN TUCKER  
 8/14- KIM ARCHER w/ SPECIAL GUEST PAT WRIGHT  
 8/21- WHITNEY MONGE

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BEACH PARK  
 EVENT CENTER

DES MOINES  
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the City of Des Moines and the Des Moines Art Commission present

Kick off the City of Des Moines 60th Anniversary  
 (home to the famous Northwest Spanish Castle and Dance Hall)  
 with a concert tribute to Jimi Hendrix, featuring

# Randy Hansen

with special guest

## UNCLE ERNIE

**June 29, 2019**  
 Des Moines Beach Park Auditorium  
 22030 Cliff Ave S, Des Moines, WA 98198

Doors open at 6:30

Tickets are \$10 and available at:  
<https://www.brownpapertickets.com/>

## YOUTH, ADULT AND SENIOR REGISTRATION INFORMATION

### PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 S 220th Street  
Des Moines WA 98198  
206-870-6527  
TDD Line: 206-824-6024

**Fax:** 206-870-6587  
**recreation@desmoineswa.gov**  
**www.desmoineswa.gov/155/Parks-Recreation-Senior-Services**  
**Hours:** Monday–Friday, 8am–6pm

### DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street  
Des Moines WA 98198  
PO Box 98576  
206-878-1642

**Fax:** 206-878-2260  
**seniors@desmoineswa.gov**  
**www.desmoineswa.gov/217/Senior-Services**  
**Hours:** Monday–Friday, 9am–4pm

### HOW TO REGISTER:

**Program registration:**  
**www.desmoineswa.gov/dash**  
**Walk-in:** check, cash, Visa/  
Mastercard  
**Phone:** Visa/Mastercard  
**Mail-in:** registration form with  
payment by check or Visa/  
Mastercard information.  
Registration forms are available in  
the offices or online at  
**www.desmoineswa.gov/158/Forms-Documents**

### REGISTRATION POLICIES:

Pre-registration is required for all programs unless otherwise stated. Registration is taken on a first-paid basis. Returned check fee: \$40 (plus 50% surcharge if collection action needed).

### RESIDENT PRIORITY:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs. The Resident Discount (RD) Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and senior adults. To qualify for the RD Fee, participants must provide proof of residency such as: valid picture ID with a Des Moines address or valid picture

ID accompanied by a utility bill with their Des Moines Address. Sports teams qualify for the RD Fee when 51% of their players are Des Moines residents (proof of residency will be requested). The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

### REFUND POLICY/ CANCELLATIONS:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$20 administrative fee, will be granted when requested a minimum of five business days prior to the program/course start date.

- No refund will be issued for:
- Programs costing \$10 or less
  - Programs where admission fee was purchased in advance
  - Special events

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

### DISCLAIMER:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

### ACCOMMODATION OF DISABILITIES:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD, 206-824-6024.

### GENDER EQUITY STATEMENT:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that

prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments please contact Susan Cezar, Chief Strategic Officer.

### INCLEMENT WEATHER POLICY:

During periods of inclement weather, radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

**School Closed:** All Des Moines Recreation and Senior Services Department programs are cancelled.

### HOLIDAY CLOSURE

Thursday, July 4  
Monday, September 2

### School Open/One-Hour Late Arrival:

All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am—call 206-878-1642 for updated information.

### School Open/Two-Hour Late Arrival:

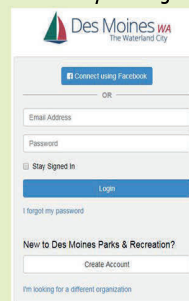
All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am—call 206-870-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.



### Welcome to our registration system, DASH Online

Yes we have made the move to an Online registration system. Please follow the steps below to setup your account. Registering for Programs online at your convenience is now available. Office registration and payments will still be available.

1. Start by visiting: [www.desmoineswa.gov/dash](http://www.desmoineswa.gov/dash)

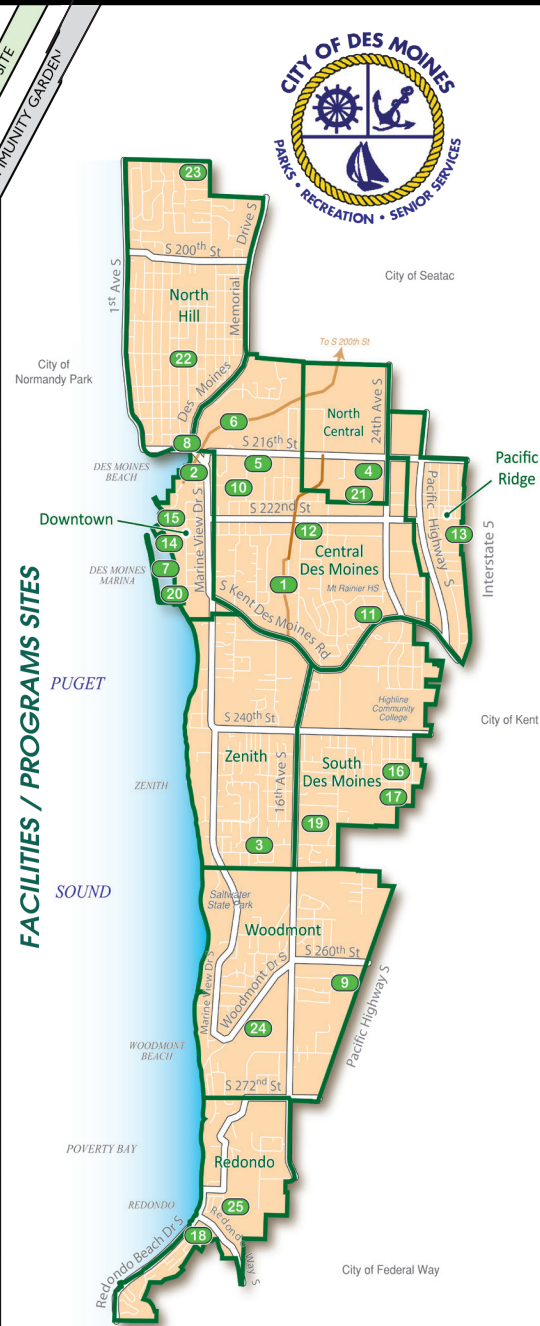


2. Select Create Account. Note: Enter YOUR personal information first, then add your children to the same account.
3. Enter Email address and choose email communication preference.
4. Enter your personal information and set up a password. On this screen you can also add children to the account.
5. To complete account set up, follow link provided with confirmation email. You are ready to login!

The first time you login, you will be asked to read and agree to The City of Des Moines liability waiver. Select "I have read and agree to the waiver", enter your account password and your initials for a digital signature. The waiver will be valid for one year from the date of signature. You are now ready to browse and register for activities!



Parks & Recreation Offices		Acreage	Facility / Address																						
Field House	Activity Center		PLAY AREA	BALL FIELDS	RESTROOMS	PICNICING	BASKETBALL	HOOPS	FISHING PIER	BOARDWALK	TENNIS COURTS	NATURAL AREAS/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	COMMUNITY GARDEN
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																							
2	Big Catch Plaza SW corner of S. 216th & Marine View Dr. S.	0.2																							
3	Cecil Powell Park 250th & 13th Pl. S.	0.2																							
4	Des Moines Activity Center 2045 S. 216th Street																								
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6																							
6	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																							
7	Des Moines Marina 22307 Dock Ave. S.	45																							
8	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																							
9	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86																							
10	Field House Park/Community Center 1000 S. 220th St.	5.2																							
11	Kiddie / City Park S. 230th St. & 21st Ave. S.	3.2																							
12	Mary Gay Park 1616 South 223rd St.	1.8																							
13	Midway Park S. 221st & 29th Ave. S.	1.6																							
14	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																							
15	Overlook II Park S. 222nd & 5th Ave. S.	0.5																							
16	Parkside Park S. 244th St. & 25th Ave. S.	4.4																							
17	Parkside Wetlands 248th St. & 26th Ave.	14																							
18	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																							
19	Sonju Park 24728 16th Ave. S.	9.3																							
20	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																							
21	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																							
22	Water Tower Park 208th between 5th & 6th	1.34																							
23	Westwood Park 6th Ave. S. & S. 192nd St.	1.34																							
24	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																							
25	Wooton Park 28202 S. 9th Ave.	2.3																							





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## EVENTS & CELEBRATIONS



BOOK YOUR EVENT TODAY

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# VOLUNTEER:

CHANGE YOUR LIFE  
AND YOUR COMMUNITY

**GIVE BACK TO YOUR COMMUNITY!** Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life—individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

### ADOPT-A-SPOT PROGRAM

Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best, 206-870-6547 or [jb主@desmoineswa.gov](mailto:jb主@desmoineswa.gov)

### KING COUNTY BEACH NATURALIST PROGRAM

Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: [beachnaturalist@seattleaquarium.org](mailto:beachnaturalist@seattleaquarium.org)

**FRIENDS OF DES MOINES CREEK** partners with community volunteers to remove invasive weeds, replant natives and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema, [laurahartema@yahoo.com](mailto:laurahartema@yahoo.com)

### SONJU COMMUNITY ORCHARD & GARDEN

Harvest fruit and vegetables for the food bank or participate in the community garden/pea-patch work parties. Contact: Kim Richmond, [friendsofsonjupark@hotmail.com](mailto:friendsofsonjupark@hotmail.com)

### DES MOINES ACTIVITY CENTER

Give back to our community's older adults by lending a hand, and you'll feel good, too! Seeking: Laptop/Cell phone One-on-One Help, Trip Drivers and Instructors. Contact: 206-878-1642 or [seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov)

### DES MOINES PARKS & RECREATION

Inspire our youth! Seeking volunteers to coach or assist with special events, teens for the youth council program, scouts, church groups, families and individuals for various projects around the city. Contact: 206-870-6527 or [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)

### THE HYDE SHUTTLE

Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities. Safe and reliable transportation is needed for socialization, errands, appointments and recreational activities. Learn more by visiting [www.soundgenerations.org/transportation](http://www.soundgenerations.org/transportation).



TO THE BEACH →

# SUMMER 2019 EVENTS



## **Beach Park Summer Concert Series**

Wednesdays, July 10–August 21, 7pm  
Great entertainment on the waterfront. Beer and wine garden. Donations encouraged.  
[www.desmoinesartscommission.com](http://www.desmoinesartscommission.com)

## **Farmers Market**

Saturdays (June–September), 10am–2pm  
Wednesdays (July–August), 4–7pm  
Showcases local, fresh farm produce, artisans and foods at the Marina.  
[www.dmfm.org](http://www.dmfm.org)

## **Kayak and Paddleboard Adventures**

June–August  
Olympic Outdoor Center sunset tours and equipment rentals at Redondo.  
[www.olympicoutdoorcenter.com](http://www.olympicoutdoorcenter.com)

## **Randy Hansen Concert**

Saturday, June 29  
Randy Hansen American guitarist, best known for his rock tribute act honoring the late Jimi Hendrix. Ticket required.  
[www.brownpapertickets.org/4238383](http://www.brownpapertickets.org/4238383)

## **Fireworks Over Des Moines**

Thursday, July 4  
Des Moines Marina  
Independence Day celebration on the waterfront.  
[www.destinationdesmoines.org](http://www.destinationdesmoines.org)

## **Community BBQ**

Wednesday, July 10, 5–7pm  
Des Moines Beach Park  
BBQ, beer and wine garden, root beer floats and music. Ticket required.  
[www.destinationdesmoines.org](http://www.destinationdesmoines.org)

## **Seafair Waterland Festival & Parade**

Friday, July 19–Sunday, July 21  
Family events, NW arts and crafts show, parade and car/motorcycle/wooden boat show in Marina District.  
[www.destinationdesmoines.org](http://www.destinationdesmoines.org)

## **Movies in the Park**

Fridays starting in August  
Great family movies at dusk in parks around the City.  
[www.desmoineswa.gov/160/Recreational-Activities](http://www.desmoineswa.gov/160/Recreational-Activities)

## **Shakespeare in the Park**

Sunday, August 4, 5pm  
Des Moines Arts Commission presents Seattle Shakespeare in the Beach Park each summer.  
[www.SeattleShakespeare.org/events](http://www.SeattleShakespeare.org/events)

## **Back to School Fair**

Thursday, August, 8pm  
Highline Public Schools students in need who attend local public schools are provided backpacks filled with quality school supplies and resources to help them be successful.  
[www.highlineschoolsfoundation.org](http://www.highlineschoolsfoundation.org)

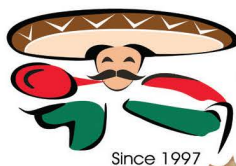
## **Poverty Bay Blues & Brews**

Saturday, August 24, Noon–8pm  
Great blues music and craft breweries at the Beach Park. Ticket required.  
[www.drinktomusic.org](http://www.drinktomusic.org)  
[www.dmnprotary.org](http://www.dmnprotary.org)



# Chicken ENCHILADA PLATE

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No Drink substitution

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FRIDAY & SATURDAY



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FEDERAL WAY  
25914 Pacific Hwy. | 253-945-1116  
Visit our website for a location near you  
elrinconsito.com



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PROUDLY SERVING



## COUPON

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**BB**  
**CHEESEBURGER**

With purchase of any Combo

ONE COUPON PER PARTY.  
ONE OFFER PER COUPON.  
NOT VALID IN COMBINATION WITH ANY OTHER COUPON OR PROMOTION.  
NOT VALID ON KID'S MEALS  
EXPIRES 08-15-19



TACOS & ANTOJITOS from

EL RINCON SITO EXPRESS

CALIFORNIA COMBO SPECIAL

Burger, fries & beverage

\$4.99



119 SW 148th St. in Burien

3801 East Mckinley Ave. in Tacoma

1227 1st Ave. in Yakima